

# 18 Lesta Frank

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**Tour Location: Esther Ortiz Studio** 1901 W. Mistletoe, San Antonio, TX 78201

Website: <https://lestafrank.artspan.com/carousel.php?galleryID=234562>

Socials: <https://www.instagram.com/frank.lesta/>

**Artist Statement:** "I discovered finger paints at two years old and painting became my favorite thing in the world. I have been an artist ever since. Once I was frustrated making a collage, wanting it to come together faster. I hastily glued down a random scrap of paper. which I then read. It said "you are your own worst critic." I considered it to be a fortune cookie from the Universe. It was telling me to be in the process in the present moment, which I took to heart. I love walking on the beach and in forests. I bring the feelings from these walks back to the studio to transform into expressive painting. I enjoy painting mixed media abstracts and abstracts combined with figurative and still life elements.

